



## YESHUA

### Verse 1

*My prideful heart took me from the garden  
Your humble love found a resting place in me  
And if I sold all my possessions  
To try to buy Your love I would fail*

### Verse 2

*Because Your love is not for sale  
And I could never earn it  
Your love is freely given  
Not because I deserve it*

### Pre-Chorus

*I want to know You more  
I want to know Jesus*

### Interlude

*And to be found in You*

### Chorus

*To be found in You  
To be found in You*

### Bridge

*Yeshua oh oh  
Yeshua oh oh*

### Bridge

*My beloved is the most beautiful  
Among thousands and thousands*

## IMMACULATE MARY

### Verse 1

*Immaculate Mary  
Thy praises we sing  
Who reignest in splendor  
With Jesus our King*

### Refrain

*Ave Ave Ave Maria  
Ave Ave Maria*

### Verse 2

*In heaven the blessed  
Thy glory proclaim  
On earth we thy children  
Invoke thy fair name*

### Verse 3

*Thy name is our power  
Thy virtues our light  
Thy love is our comfort  
Thy pleading our might*

### Verse 4

*We pray for our Mother  
The Church upon earth  
And bless dearest Lady  
The land of our birth*

## REFLECTION

**Our earthly mother should reflect our Heavenly Mother.**

(Source: Dr. Christine Ann Lawson, author and Clinical Psychologist)

### Healthy Mother

1. Calms and comforts her children
2. Is proud of her children's successes
3. Apologizes for inappropriate behavior
4. Builds her children's self-esteem
5. Disciplines with logical consequences
6. Expects her children will be loved
7. Seeks peace in her family
8. Her love is constant
9. Safe place to share vulnerable feelings
10. Recognizes when child is in pain

### Unhealthy Mother

1. Frightens or confuses her children
2. Envy, ignores, or demeans her children's successes
3. Does not apologize or remember her behavior
4. Damages or undermines her children's self-esteem
5. Disciplines inconsistently or punitively
6. Feels left out, jealous or resentful if the child is loved or by or spends time with others
7. Chaos, conflict, and confusion follow her
8. Love is based on child's compliance or performance
9. Uses vulnerability of private information to manipulate, control, or create division
10. Blind to child's pain and if expressed, irritated by the inconvenience of feelings or their needs

“... you did not receive a spirit of slavery to fall back into fear, but you received a Spirit of adoption, through whom we cry, “Abba, Father!”  
(From the 2nd Reading Romans 8:14-17 the Solemnity of the Most Holy Trinity)

## **JOURNEY WITH MARY**

**To know Mary is to love Mary.**  
(Source: Walking with Mary, Dr. Edward Sri)

“Our free will is the only thing that is really our own. Our health, our wealth, our power - all these God can take from us. But our freedom he leaves to us... Because freedom is our own it is the only perfect gift that we can make to God.” Venerable Archbishop Fulton Sheen

“Mary does not just submit to God’s plan; she longs to fulfill it making it her own.”  
Pope Saint John Paul II

“And Mary kept all these things, reflecting on them in her heart.” Luke 2:19  
“And His mother kept all these things in her heart. Luke 2:51

“When Jesus saw His mother and the disciple there whom He loved, He said to His mother, ‘Woman, behold, your son.’ Then He said to the disciple, ‘Behold, your mother.’” John 19:26-27

“The glory of God is man fully alive.” St. Irenaeus

## **ARE YOU MY MOTHER?**

**Mama Mary claims us as her children and guides us to her Son.**

“The Spirit himself bears witness with our spirit that we are children of God, and if children, then heirs, heirs of God and joint heirs with Christ . . .”  
(From the 2nd Reading Romans 8:14-17 the Solemnity of the Most Holy Trinity)

“But He said to me, ‘My grace is sufficient for you, for My power is made perfect in weakness.’ 2 Corinthians 12:9-11

“... if you hearken to My voice and keep My covenant, you shall be My special possession, dearer to Me than all other people, though all the earth is mine.”  
(from the 2nd Reading, Exodus 19:3-8, 16-20, Pentecost Sunday)

If we struggle with mom wounds, we can speak aloud (even in a whisper),  
“In the name of Jesus, I forgive my mom for \_\_\_\_\_.”

“Let us run to Mary, and as her little children, cast ourselves into her arms with perfect confidence.” St. Francis de Sales

A novena is a beautiful devotion in which a person recites a prayer for nine straight days for a specific intention. Novenas are often prayed nine days prior to a feast day, ending on the eve of the feast. Below is a novena prayer to the Immaculate Heart of Mary which can be prayed beginning on May 29, 2024, and ending on the eve of the Memorial of the Immaculate Heart of Mary.

## **NOVENA PRAYER TO THE IMMACULATE HEART**

Glorious Virgin Mary, I long to love your Son, Jesus, the way He deserves to be loved—with the love of your Immaculate Heart. Unite me to your Immaculate Heart so that I will be open to receive your Son with the same dispositions by which you received him. Your Immaculate Heart is supremely gentle, steadfast, watchful—completely given over to the will of God. Lead me out of the darkness of ignorance, free me from all selfishness and self-will, and train me in conformity with your Immaculate Heart. Let me always trust your Immaculate Heart as a true source of grace and mercy. In sharing in the Passion of your Son, your Immaculate Heart was pierced. May your immaculate love embrace me in moments of suffering. I beg to make reparation for all offenses against your Immaculate Heart as I offer you my intentions (mention your request). Amen.

**Yeshua ~ Jesus is Ancient Aramaic. This is how His name sounded when the Immaculate called to Him.**

## **TAKEAWAY NOTES**

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The dates of all Gatherings at all Host Parishes can be found on our website.

[www.BuildingThroughHim.com](http://www.BuildingThroughHim.com)

If you are a Catholic that has been away from the Sacraments ~ Jesus thirsts for you to come home. If you are not Catholic but are seeking Jesus in the Eucharist, He longs to give Himself to you. Please contact our RCIA director below for more information.

## **PARISH INFORMATION**



Listen to the Podcast: Building Through Him!